



Skills for Living Sixth Grade

Skills for Living is a 10 week required course which is designed to teach everyday life skills and promote independence.



Sewing

Sewing Machine
Sewing Machine Safety
Individual Sewing Projects



Introduction to Career Pathways



Foods and Nutrition Unit

Lab Procedures
Kitchen Safety
Food Safety
Basic Cooking Techniques
Making Healthy Food Choices
Basic Nutrition Concepts



Keys to Success

Prepared for class: Supplies include one three ring binder, five dividers, notebook paper, pen or pencil.

Assignments: Must be handed in on time with full name, date, and hour. It is the students responsibility to find out missing assignments

Respect: Please do not disrupt the class by speaking while the teacher is giving directions or while other students are asking questions.

No gum chewing: No eating in class unless you are participating in a food lab.

In addition pop will not be allowed in class.

Class Expectations

Be on time for class.

Come to class prepared and be ready to learn.

Accept responsibility for your own learning.

Make up assignments when absent.

Demonstrate respect for yourself and others.
Lead by example.

In class participate in discussions, work in co-operation with other students, and keep up with your daily assignments.

Communication

I am looking forward to a great semester with your child. Please feel free to contact me if you have any questions. The preferred method of communication is email. If you do not have a email account you may leave me a voicemail.

Keep in touch:

Mrs. Koch

jk07bps@birmingham.k12.mi.us

1-248-203-4949

Student Signature: _____

Parent Signature: _____



Classroom Organization and Procedures for Skills for Living

In order to be more successful as a student it is necessary to be prepared for class each day. Part of being a successful student is being organized. One area of assessment will involve how organized and prepared for class on a daily basis.

It is highly recommended that your child have the following supplies by the end of this week:

- One three-ring binder with pockets at least 1"
- A pack of dividers with five tabs minimum tabs.
- Notebook paper (10 sheets)
- Pens and pencils

Steps for setting up your binder include:

- A creative cover, which identifies that this, is your binder including name, hour, and grade.

*Each section in your binder will be divided according to the Unit:

- Foods
- Recipes
- Nutrition
- Sewing

Binders will be checked and graded at the end of each unit. It is easier to keep organized on a daily basis then struggle trying to put it all together prior to the binder check.

Photocopies of lost or missing work are not allowed. Any work, which is lost or missing or incomplete must be redone or made up by the individual student.